

# Xinjiang

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① Tianshan Tianchi 天山天池



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③ Sai Limu Lake 赛里木湖



④ Princess Jieyou Lavender Garden 解忧公主薰衣草园



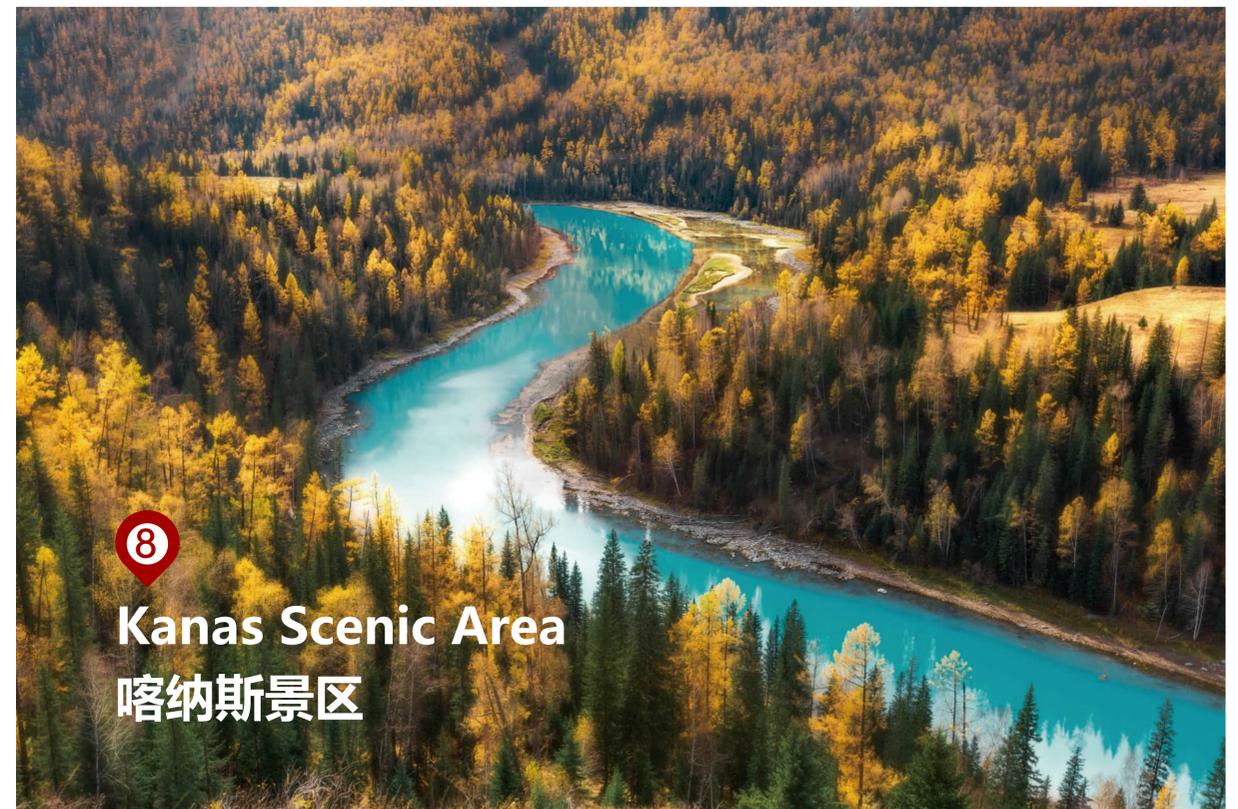
Xia Ta Ancient Road  
夏塔古道



Nalati  
那拉提



Bayinbuluke Grassland  
巴音布鲁克草原



Kanas Scenic Area  
喀纳斯景区



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## Brief

Entering Xinjiang is like entering a dreamland of diverse cultures. At Sayram Lake, the clear water reflects the traditional Kazakh yurts, and herdsmen gallop by on their horses, bold and unrestrained. Walking through the ancient city of Kashgar, the Uyghur customs come to you, with exquisitely carved doors and windows, and distinctive costumes, showing the wisdom of the nation everywhere. When you come to the Nalati Grassland, you can taste fresh and fragrant baked naan and hand-pulled mutton, dance with compatriots of all ethnic groups to the cheerful dombra melody, and indulge in the unique charm of the blend of scenery and customs.

## Why Go Here

- Magnificent natural scenery
- Unique religious culture
- Rich ethnic customs
- Deep historical heritage

## Basic info

Time zone: CST (UTC+8)

Area code: +86/0991

Postal code: 830000

Language: Mandarin

Currency: RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug:  

Voltage: 220V

Frequency: 50 Hz

Currency conversion:

RMB: ¥

US dollars: 1 USD = 7.2559 RMB

1 RMB = 0.1378 USD



**Police: 110**

**Medical Care: 120**

**Traffic Accident: 122**

**Fire Emergency: 119**

## Sights

### Tianshan Tianchi 天山天池



The azure blue lake is surrounded by towering snow-capped mountains, and spruce trees stand tall like guards. The sun shines down, and the lake surface sparkles. In the distance, the white snow and the azure blue sky complement each other, and in the near distance, the lush vegetation is full of vitality, forming a poetic picture.

### Address

No. 501, Zhungar Road, Fukang City, Changji Hui Autonomous Prefecture, Xinjiang Uygur Autonomous Region

新疆维吾尔自治区昌吉回族自治州阜康市准噶尔路  
501号

**Recommended play time: 3 days**

### Opening Hours

08:00-21:00 (April 1st to October 31st, Monday to Sunday)

09:30-19:00 (November 1st to March 31st of the following year, Monday to Sunday)

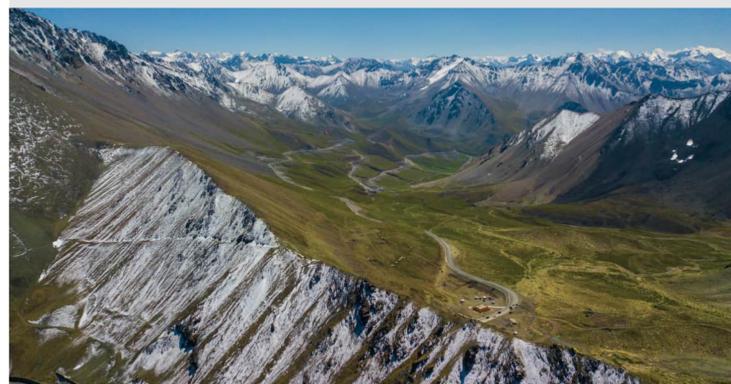
### Transportation

- Urumqi-Tianchi Scenic Area Bus: First get off at Urumqi Station and take the bus to Tianchi.

### Travel Season

- ◎ The best time to visit is in summer, a rare summer resort in the northwest inland. The Tianchi Lake in Tianshan Mountain is full of greenery in summer, and autumn usually comes in mid-September. After October, winter comes, and the mountains are blocked by ice and snow.

### ② Duku Highway 独库公路



It starts from Dushanzi in the north and ends at Kuche in the south, with a total length of 561 kilometers, winding like a giant dragon in the hinterland of Tianshan Mountains. Along the way, there are grasslands, canyons, snow-capped mountains and other diverse landscapes. Driving along the road, you can experience four seasons in one day. It is a "must-drive" road in the hearts of countless travelers.

### Address

Kuitun City, Ili Kazakh Autonomous Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区伊犁哈萨克自治州奎屯市

**Recommended play time: 3 days**

### Opening Hours

Open all day

### Transportation

- It is recommended to travel by car.

### Tips

- ◎ Highway information:

Due to its special geographical location, Duku Highway implements winter traffic control from early November to May of the following year, and prohibits vehicles with more than 9 seats from entering.

- ◎ Note:

When there is danger while traveling on Duku Highway, use your mobile phone to call the emergency number directly, which will call Wusu, and add the area code 0992 to call Kuitun. So be sure to remember the Dushanzi emergency number before departure.

### ③ Sai Limu Lake 赛里木湖



Sailimu Lake is a place where warm and humid air currents from the Atlantic Ocean linger. The clear water is as blue as a gem, surrounded by snow-capped mountains and grasslands, showing the beauty of tranquility. The breeze blows, and the waves sparkle. Every ripple seems to tell an ancient story, making people intoxicated and forgetting the way back.

#### Address

Beside National Highway 30, Bole City, Bortala Mongol Autonomous Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区博尔塔拉蒙古自治州博乐市30国道旁

**Recommended play time: 6 days**

#### Opening Hours

08:00-23:00 (January 1st - December 31st, Monday to Sunday)

#### Transportation

- ① You can take the scenic area bus to the scenic area, departing from Bortala Railway Station at 8:30 am in Bole City. (Call the scenic area's consultation number in advance to ask if there is a bus on that day)
- ② The scenic area is limited to self-driving entry, and tourists who want to drive by themselves need to make an appointment in advance.

#### Tips

- ⊙ When riding horses locally, it is best to negotiate the price of the entire journey in advance, otherwise there will be extra charges due to the length of time.
- ⊙ The temperature in the Sailimu Lake area is relatively low, so it is recommended to bring more clothes to keep warm.

### ④ Princess Jieyou Lavender Garden 解忧公主薰衣草园



In Huocheng County, Yili, Xinjiang, there is a dreamlike Princess Jieyou Lavender Garden. The purple sea of flowers sways in the wind, just like a fairy tale world. The colorful flower fields and lavender complement each other, and the fragrance of flowers fills the air, making people feel as if they are in the romantic Provence, intoxicated by this ultimate beauty.

#### Address

National Highway 218, Qingshuihe Town, Huocheng County, Ili Kazakh Autonomous Prefecture 伊犁哈萨克自治州霍城县清水河镇218国道

**Recommended play time: 3 hours**

## Opening Hours

09:00-20:30 (Monday to Sunday, January 1st to December 31st)

10:30-18:00 (Monday to Sunday, January 1st to December 31st)

## Transportation

- Charter a car from Yili city for a round trip in one day.



Xiata Ancient Road was once a strategic pass on the Silk Road, carrying camel bells for thousands of years. On both sides of the ancient road, there are towering snow-capped mountains, lush forests, and gurgling streams.

Setting foot on this vicissitudes of life, it seems as if you can touch the hurried business travel of the past and feel the heaviness and mystery of the years.

## Address

Xiata Township, Zhaosu County, Yili Kazakh Autonomous Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区伊犁哈萨克自治州昭苏县夏塔乡

**Recommended play time: 3 days**

## Opening Hours

09:30-20:00 (all day) (Monday to Sunday, January 1st to December 31st)



The Nalati Grassland is vast and boundless, like a green carpet extending to the sky, with galloping horses and melodious pastoral songs. In the distance, the snow-capped mountains shine, contrasting with the blue sky and white clouds. The Kazakh yurts are scattered among them, outlining a poetic pastoral picture.

## Address

Nalati Tourist Scenic Area, Nalati Town, Xinyuan County, Ili Kazakh Autonomous Prefecture 伊犁哈萨克自治州新源县那拉提镇那拉提旅游风景区

**Recommended play time: 6 days**

## Opening Hours

08:00-19:00 (January 1st - December 31st, Monday to Sunday)

## Transportation

- ① Urumqi-Xinyuan County, about 3 buses per day, time: 17:00/19:00/21:00, about 11 hours to Xinyuan; Xinyuan-Nalati, about 26

buses per day, 09:00-21:00 every half hour, 40 minutes to Nalati Scenic Area.

- ② Yining City-Xinyuan County, about 22 buses per day, 08:30-19:00 every half hour, about 4-5 hours to Xinyuan County (speed limit).
- ③ Yining-Nalati: Yili Prefecture Bus Station has a bus to Nalati at 10:00, 12:00 and 15:00 every day.
- ④ Airplane: Urumqi-Nalati, 1-4 flights per day, about 50 minutes to arrive.

### Travel Season

◎ Yili Prefecture is located in the hinterland of Central Asia and has a temperate continental climate. Compared with the entire climate of Xinjiang, Yili has a mild climate, abundant rainfall, and an average annual temperature of around 8°C. The best time to travel is from June to October, when flowers are in full bloom and fruits and vegetables are fragrant.

### 7 Bayinbuluke Grassland 巴音布鲁克草原



In the distance, snow-capped mountains meet the blue sky. The river meanders through it, like a ribbon falling. Herds of cattle and sheep are scattered like stars, and white yurts dot the land. As the sun sets, the magnificence of the winding and turning roads makes people intoxicated and immersed in the poetry of this grassland.

### Address

Bayinbuluke Swan Lake Scenic Area, Hejing County, Bayingolin Mongol Autonomous Prefecture, Xinjiang Uygur Autonomous Region (southeast corner) 新疆维吾尔自治区巴音郭楞蒙古自治州和静县巴音布鲁克天鹅湖风景区(东南角)

**Recommended play time: 1 days**

### Opening Hours

08:30-19:00 (Monday to Sunday, January 1st to December 31st)

### 8 Kanas Scenic Area 喀纳斯景区



Kanas Scenic Area is a dreamland in northern Xinjiang. The clear lake changes color with the light, just like an overturned palette. Wolong Bay and Moon Bay lie quietly in between, with beautiful shapes. By the lake, golden birch forests and dark green spruce interweave. In the distance, the snow-capped mountains are shining, and the smoke from the ancient Tuva villages curls up, together painting a fairy-tale-like scene.

## Address

Provincial Highway 232, Burqin County, Altay Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区阿勒泰地区布尔津县232省道

**Recommended play time: 6 days**

## Opening Hours

08:00-20:00 (January 1st - December 31st, Monday to Sunday)

## Transportation

- There are four ways to go to Kanas Scenic Area: plane, train, long-distance bus and self-driving. Since accommodation and shopping in Burqin County are relatively convenient, most tourists will choose to arrive in Burqin City first, and then take a bus to Kanas Scenic Area for sightseeing.

There are two routes to Kanas Scenic Area by plane. You can fly directly to Kanas Airport, mainly Urumqi and Yining. It should be noted that Kanas Airport is a seasonal airport and is

generally only open in summer. Therefore, you can fly to Altay first, and then choose road transportation from Altay to reach the scenic area, which is about a three-hour drive.

## Travel Season

- ◎ Burqin County has a continental northern temperate cold climate with distinct four-season climate characteristics. The annual average temperature of Kanas in its territory is only 4°C, so you need to prepare warm clothes even in summer. Kanas is a sea of flowers in June, and the scenery in late September is charming, attracting a large number of photography enthusiasts. The mountain is closed in October, but some people still venture into it in winter, so you need to be fully prepared mentally and physically. Kanas is best to travel in September. After the first snow in mid-month, the colors are bright and the scenery is as beautiful as European oil paintings.



Tekes Bagua City has distinctive features and is the only intact Bagua City in the world. The traffic lights were removed in 1996. Legend has it that Qiu Chuji arranged it when he passed through the Tekes River Valley at the invitation of Genghis Khan. It is radially circular and has a wonderful street layout. It has folk customs, history, and natural scenery, and there are many ancient monuments and sites.

## Address

Near Akqi Street (Dui Street) in Tekes County, Yili Kazakh Autonomous Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区伊犁哈萨克自治州特克斯县阿克奇街(兑街)附近

**Recommended play time: 3 days**

### Opening Hours

Open all year round

### Transportation

- There are buses from Yining to Tekes, running every half hour from 8:30 to 18:40, and the ticket is 20 yuan. If you drive from Yining via G218 and X706 to Tekes County, the whole journey is about 100 km.

#### Kashgar Ancient City 喀什古城



The old city of Kashgar is located in the center of Kashgar, Xinjiang. It is one of the largest existing earthen buildings in the world

and the only preserved traditional historical district with ancient Western characteristics in my country. It has crisscrossing streets and alleys, simple houses, rich intangible cultural heritage, many delicacies, and attractions such as the Id Kah Mosque. It is full of strong Western customs and is a national 5A-level tourist attraction.

### Address

Jiefang North Road, Kashgar City, Kashgar Prefecture, Xinjiang Uygur Autonomous Region  
新疆维吾尔自治区喀什地区喀什市解放北路

**Recommended play time: 3 days**

### Transportation

- Take bus No. 13, 16, 22, 28, 2, 7 or sightseeing line 2 and get off at Id Kah Station. You can walk to

### Travel Season

- ⊙ August and September are the best time to visit Kashgar, when the weather is pleasant and fruits are fragrant.

#### Tarim Populus Euphratica Forest 塔里木胡杨林公园



It has a total area of 100 square kilometers and is located in the middle reaches of the Tarim River on the northeastern edge of the Taklimakan Desert, 70 kilometers south of the desert highway in Luntai County, Bayingol Prefecture. It is the largest original Populus euphratica park in Xinjiang and the most concentrated area of original Populus euphratica in the entire Tarim River Basin.

### Address

South Desert Highway, Lunnan Town, Luntai County, Bayingolin Mongol Autonomous Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区巴音郭楞蒙古自治州轮台县轮南镇南沙漠公路

## Recommended play time: 4 hours

### Opening Hours

9:30-21:30 all year round

### Transportation

- Take a bus from Urumqi Nanjiao Bus Station to Luntai, and then charter a car to the scenic area. The scenery along the way is very beautiful.

### Travel Season

- ◎ The best time to view *Populus euphratica* is around October, when the colors of the *Populus euphratica* are at their most vivid.



The Pamir Plateau is located in the southeast of Central Asia and the western end of China, spanning Tajikistan, China and Afghanistan. "Pamir" means "Roof of the World" in Tajik. The plateau has an altitude of 4,000-7,700 meters and many peaks. The southern route and the middle route of the ancient Silk Road passed through here, and then led westward to West Asia, South Asia and Europe.

### Address

Tiznafu Township, Taxkorgan Tajik Autonomous County, Kashgar Prefecture, Xinjiang Uygur Autonomous Region 新疆维吾尔自治区喀什地区塔什库尔干塔吉克自治县提孜那甫乡

## Recommended play time: 9 days

### Opening Hours

Open all year round

### Transportation

- Take a bus from Kashgar to Taxkorgan Tajik Autonomous County. Stone City and Golden Grassland are both near the county seat and can be visited on foot. After the tour, you can

charter a car to the Khunjerab Pass, passing by Muztagh Ata and other beautiful places along the way.

The transportation on the Pamir Plateau is inconvenient, so it is recommended to charter a car to play. The scenery is beautiful and it is convenient to stop and take pictures at any time. If you want to enter Muztagh Ata, you still have to drive an off-road vehicle, and ordinary cars cannot enter.

## Eating

Xinjiang cuisine has a unique flavor and integrates multiple cultures. Grilled lamb skewers are burnt and shiny, sprinkled with cumin, and are tender and not smelly; pilaf is cooked with lamb, carrots, etc., and the rice is oily, fragrant and delicious; naan has a variety of flavors and is crispy and durable. The big plate chicken has smooth chicken, soft potatoes, and belt noodles are full of soup and super tasty. Every bite is full of Xinjiang's enthusiasm and generosity.

◆ **Grilled Lamb Kebabs 烤羊肉串**

Cut the mutton and mutton fat into thin slices, put the fat and lean meat on the skewer, put it on the grill and bake it. Sprinkle with chili powder, salt and cumin powder. It will be brown and shiny in color, slightly spicy, not greasy or smelly, and fresh and delicious.



◆ **Hand-held Rice 手抓饭**

The main ingredients are mutton, carrots, onions, rice, etc. The mutton is tender, the carrots are sweet, the rice is oily, and it is rich in nutrition and has a unique taste.



◆ **Big Plate Chicken 大盘鸡**

Large pieces of chicken and potatoes are stewed in a bright red sauce that is spicy and sweet, and finally topped with wide noodles. The noodles absorb the soup, the chicken is smooth and the potatoes are soft and glutinous.



◆ **Nang 饅頭**

Flour is the main raw material, mostly fermented noodles, no alkali is added, but a little salt is added. There are many ingredients to choose from, such as sesame, onion, eggs, etc. There are many types of naan, such as "Aimak" naan and "Tokasi" naan, which taste good and can be preserved for a long time.



◆ **Hand-pulled Lamb 手抓羊肉**

The mutton is cooked in water and seasoned only with salt and onions, emphasizing the preservation of the original flavor of the mutton, which is sweet and fresh. The authentic way to eat it is to shred the meat with salt and serve it with hot soup.



#### ◆ Spicy Chicken 椒麻鸡

Choose fresh local chicken, cook it, soak it in ice water, cut it into small pieces, pour pepper and sesame sauce on it, sprinkle with chopped green onion, coriander, etc. The main characteristics are spicy, numb and fragrant. The chicken is firm and has a refreshing taste.



## Notes

### Customs & Culture 习俗&文化



#### ● Religious Aspects 宗教

Xinjiang is home to many ethnic groups, and most residents believe in Islam. When visiting religious sites, such as mosques, you must be respectful, dress appropriately, and avoid shorts, short skirts, or off-shoulder clothing. You must remain quiet, turn off your cell phone, and not smoke, drink, or do anything disrespectful of the ceremony. During religious festivals such as Eid al-Fitr and Eid al-Adha, you should respect the local celebrations and avoid inappropriate interference.

#### ● Diet 饮食

Follow the halal dietary regulations, and do not eat pork, dead animals, and blood. Do not bring or eat non-halal food in halal restaurants. Respect local eating habits, and pay attention to dining etiquette when tasting special delicacies, such as naan and hand-pulled rice.

#### ● Social 社交

Respecting elders is a traditional virtue of all ethnic groups in Xinjiang. When communicating with elders, you should use polite language, be gentle and humble, and do not contradict or offend them. For example, when addressing elders, you should use honorifics, such as "grandfather", "grandmother", "uncle", "aunt", etc., and do not call them by their names.

In some ethnic groups, such as the Uyghurs and Kazakhs, it is best to use both hands when accepting or giving items to show respect and sincerity. If you receive things with one hand, it will be considered impolite.

## ● Daily Life 日常生活

In some ethnic settlements such as the Kazakhs and Mongolians, after entering a yurt, it is forbidden to sit on the bed, but on the floor covered with felt. At the same time, do not flip the items in the yurt at will, so as not to cause dissatisfaction to the host.

Water resources in Xinjiang are relatively precious, so it is necessary to protect the cleanliness of water sources and avoid washing clothes, throwing garbage or other behaviors that pollute water sources in rivers, canals and other water sources.

When taking pictures, especially when taking pictures of local residents, you must first obtain the other party's consent. Some ethnic minorities may have special taboos about taking pictures, such as believing that taking pictures will take away people's souls, so do not take pictures without permission to avoid unnecessary misunderstandings and conflicts.

## Hospital

### ● The First Affiliated Hospital of Xinjiang Medical University

#### 新疆医科大学第一附属医院

Address: No. 137, Liyushan South Road, Xinshi District, Urumqi, Xinjiang Uygur Autonomous Region

Tel: 0991 - 4362930

Website: <https://xydyfy.com/>

Opening hours: 24 hours

### ● Xinjiang Uygur Autonomous Region People's Hospital

#### 新疆维吾尔自治区人民医院

Address: No. 91 Tianchi Road, Tianshan District, Urumqi

Tel: 0991 - 8562222

Website: <http://www.xjrmyy.com/>

Opening hours: 24 hours

### ● Xinjiang Uygur Autonomous Region Traditional Chinese Medicine Hospital

#### 新疆维吾尔自治区中医医院

Address: No. 116 Huanghe Road, Urumqi, Xinjiang

Tel: 0991 - 5845674

Website: <https://www.xjszyy.com/>

Opening hours: 24 hours

## Contact Us



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